

## What is ROWAN Support?

Woodhall are proud to offer range of approaches to support pupils' emotional well-being. As part of both our daily practice and through an enriched curriculum, all of our staff provide a nurturing support for children. However, where a child needs extra social, emotional or mental health support, we might offer sessions with Mrs Payne. Mrs Payne is a Higher-Level Teaching Assistant (HLTA) and nurture practitioner. She has a wealth of experience of working with children to reduce or remove barriers to learning.

We can also make a referral to our Family Support Worker, Caroline Vine-Lott. Caroline is able to work with parents/carers and/or children both in school and at home.

ROWAN Support will encourage your child to explore and recognise the link between their emotional and physical well-being; to recognise when things are going wrong and how to seek help so that they may go on to thrive in the future.



## CONTACTS

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**WOODHALL  
PRIMARY SCHOOL**

**REACH  
OUT!  
Well-being  
And  
Nurture**

ROWAN Support

## What can ROWAN Support help with?

- Social skills
- Friendships and relationships
- Self-esteem
- Growth mindset
- Bereavement and loss
- Anxiety
- Anger
- Emotions
- Self-regulation
- Relaxation techniques



## How was my child chosen to receive ROWAN Support?

- A self-referral
- A referral from an adult at school
- A referral from an adult at home
- An outside agency involved with your child e.g. specialist advisor

All referrals are discussed by ROWAN staff with headteacher or SENCo in liaison with the class teacher. It is then decided which intervention would best suit the needs of your child.

## What does ROWAN Support look like?

ROWAN Support is delivered one-to-one or in small groups. These can be short 'check-ins' offered daily or longer 30 to 45 minute sessions which are usually once or twice a week.

There is always an opportunity to speak about feelings, share news and acknowledge successes.

Activities are often play based or creative, but every session is planned around a specific learning objective suited to everyone's individual needs - even though it just looks and feels like fun most of the time!

Mrs Payne may welcome children on an impromptu basis who may just need a listening ear or some quiet time when things are tricky or overwhelming, as long as their class adults know where they are going.

ROWAN Support can be a short 5 or 6 week intervention, or continue for longer periods of time if the needs of the child are greater.

## What was the benefit of ROWAN Support?

"The emphasis on nurture provision, and the work of the Learning Mentor is a high-quality asset to the learning community. This enables children, to be in a position to learn effectively. The quality of this provision is a great strength of the school's work and serves as a good practice model to other settings."

Herts Improvement Partner Visit Report

"My children were supported through a bereavement. They learnt how to recognise their emotions and talk openly about how they were feeling."

Parent

"You became his safe place."

Parent

"I am a better friend now. I am less bossy and listen to other people's ideas."

Student

"I have better social skills. I can start conversations with other children and continue a conversation."

Student

"He has improved at taking turns during games we play at home. He listens to other people's opinions now too."

Parent

"It is difficult to say how the support benefits the children because their needs are so varied. You (ROWAN) offer bespoke support to suit the needs of the individual for as long as they need it."

Teacher

"He has the confidence to be himself now and embrace his differences."

Parent

"I now know it's ok to have difficult feelings."

Student

"The school caters for pupils' social, emotional and mental health needs particularly well. Pupils make very good progress in these key developmental areas."

"The provision for these aspects of pupils' development is a strength of the school."

Ofsted